healthcare programs like Planned Parenthood. We must ensure that every single woman across America has the right to make her own decisions.

□ 1230

HONORING SUFFRAGIST MARY ANN SHADD CARY

(Ms. BLUNT ROCHESTER asked and was given permission to address the House for 1 minute.)

Ms. BLUNT ROCHESTER. Madam Speaker, I rise today, standing on the achievements of brave women who came before me, to commemorate the centennial anniversary of the 19th Amendment House passage, expanding the right for women to vote.

As we celebrate this historic day, I want to pay tribute to an overlooked but trailblazing woman who helped make it possible, Delaware pioneer and suffragist, Mary Ann Shadd Cary. In her prophetic words: "We should do more and talk less."

Using the power of the pen, Shadd Cary was the first woman to edit and publish a newspaper in North America, using that role to combat systemic racism and slavery.

After the Civil War, she set her sights on a new cause: voting. She became one of the first Black female lawyers in the United States to testify before the House Judiciary Committee, in 1874, advocating for women's suffrage in these very Halls.

Described by W.E.B. Du Bois as "well-educated, vivacious, with determination shining from her sharp eyes," Mary Ann Shadd Cary blazed trails for women everywhere, and throughout her life, always fought in the name of justice and equality.

We owe it to her and we owe it to all to continue to fight for our rights.

COMMEMORATION OF THE 100TH ANNIVERSARY OF THE 19TH AMENDMENT

(Ms. BARRAGÁN asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. BARRAGÁN. Madam Speaker, I rise to commemorate the 100th anniversary of the passage of the 19th Amendment, which granted women the right to vote.

The 19th Amendment played a pivotal role in paving the way for a new agenda that would finally put women's issues at the forefront of our democracy. Not only did it help women move closer to equality, it created more opportunities for jobs, fairer wages, access to education, and more health benefits. Eventually, more women began to run for office.

Madam Speaker, 100 years later and women have made an impact at the ballot box like never before, electing a record-breaking number of women to Congress. But there is still work to be

We are still fighting for full equality for all women, including LGBTQ

We are still fighting for reproductive rights. We have seen countless States enact laws that strip away a woman's reproductive freedom, criminalizing a decision that should be between her and her doctor. But core to women's constitutional liberties is autonomy over their own body and well-being. In order to truly support women, we need to safeguard and improve, not limit, access to comprehensive healthcare.

As we celebrate the strides that women have made in our country, we also recommit ourselves to the fight that women have endured since the founding of our Nation.

100TH ANNIVERSARY OF THE 19TH AMENDMENT

(Mrs. DEMINGS asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. DEMINGS. Madam Speaker, America has always been a work in progress, and, therefore, we always have the opportunity to make our democracy better, stronger, when we simply do the right thing.

The Declaration of Independence may have said that "all men are created equal," but it took a brave group of Americans to say that it should really be "all people." If the law applies to each of us equally, then the right to vote must always be equal.

The women who fought for their right to vote weren't in it to make friends. They were mocked and beaten, called extremists, told to slow down, told that good things would come if they simply waited. But, nevertheless, they persisted.

Today, on the 100th anniversary of the 19th Amendment passed in the House, let's be inspired by this group of women who took the hard fight and did the right thing, because they knew our democracy would be stronger and better for it.

YOU CAN'T BE WHAT YOU CAN'T SEE

(Ms. HOULAHAN asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. HOULAHAN. Madam Speaker, "Young girls need to see role models in whatever careers they may choose just so they can picture themselves doing that job some day. You can't be what you can't see."

Madam Speaker, Sally Ride, the first American woman in space, spoke those words. She was a personal hero of mine, one of the few women in STEM I could look up to as a child. And to this day, I am grateful to Sally because she showed me, as a young girl, that being a woman did not prevent her from pursuing her dream, from entering a maledominated world and space.

Yesterday, I spoke on television with my friend Representative MIKIE SHERRILL, about the launch of the first ever Servicewomen and Women Veterans Congressional Caucus, and it turns out another young girl was watching.

"Why do those two girls have the same necklace on?" she asked her father, referring to my and Representative SHERRILL's pins. Her father explained the meaning of the pin, explained how we were two women elected to serve in the United States Government.

True equality can only be achieved when every young girl can look up to her leaders and see herself reflected, see a legitimate path for achieving her dreams. For that, we need more women in leadership, more people of color. Our elected representatives need to be a more accurate reflection of America that we represent.

Maybe that young girl yesterday will go into politics, maybe she won't, but she saw two women who were elected by their peers to serve.

"You can't be what you can't see."

100TH ANNIVERSARY OF THE 19TH AMENDMENT

(Mr. COOPER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. COOPER. Madam Speaker, as we celebrate the 100th anniversary of the vote to pass the 19th Amendment, I would like to recognize Tennessee's crucial role in the Amendment's ratification.

State Representative Harry T. Burn was a slow learner. He was originally antisuffragist, but he ultimately changed his "nay" vote to "yea" just in time to heed his mother's advice to "be a good boy" and vote for ratification.

His was the deciding vote in the Tennessee General Assembly, making Tennessee the 36th State, and final State, needed for ratification. Representative Burn explained his vote this way: "I know that a mother's advice is always safest for her boy to follow, and my mother wanted me to vote for ratification."

So thank you to Representative Burn and, above all, to his mother, Ms. Phoebe Burn, for her crucial role in aiding women's right to vote.

$\begin{array}{c} 100 \mathrm{TH} \ \, \mathrm{ANNIVERSARY} \ \, \mathrm{OF} \ \, \mathrm{THE} \ \, 19 \mathrm{TH} \\ \mathrm{AMENDMENT} \end{array}$

(Ms. MOORE asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. MOORE. Madam Speaker, I am so honored to join my colleagues in commemorating the 100th anniversary of House passage of the 19th Amendment to the United States Constitution, guaranteeing women the right to vote everywhere in our country.